



KC BARIATRIC, LLC

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Patient Medical Assessment Form

Patient Name: _____ Date of Birth: _____

Email address: _____

Primary Care Physician & Preferred Pharmacy

PCP Name: _____ Phone: _____ Fax: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Years of Care: _____

Pharmacy Name: _____ Pharmacy Phone: _____ Location: _____

Patient Medications & Supplements

Be sure to include all prescription medications, over-the-counter, diabetic, and vitamins.

Medication Name	Dosage Amount	# Taken Daily

Any Drug/Medication Allergies?

No

Yes, I am allergic to _____ Unknown

Any Food Allergies?

No
 Yes, I am allergic to _____ Unknown

Do you have a Latex Allergy?

No Yes Unknown Other allergies _____

Weight History

Please provide your highest weight (pounds) in the last 5 years

Current Year _____ Year 1 Prior _____ Year 2 Prior _____ Year 3 Prior _____
Year 4 Prior _____

How many years have you been overweight? _____ How many years have you been trying to lose weight?

How long have you been researching or thinking about weight loss surgery? _____

Bariatric Surgery History

Have you had a previous bariatric surgery? No Yes Lap-band Sleeve Bypass

Past Medical History

Please mark all conditions current and/or past that applies

CARDIOVASCULAR

High Blood Pressure Congestive Heart Failure Ischemic Heart Disease Heart stress test

Heart attack Stents placed in Heart Heart catheterization Angina chest pain

- Vascular Disease
- Stroke
- Lower Leg Edema / Swelling
- Blood clot in leg or lung
- Vena Cava heart filter

METABOLIC

- Diabetes Mellitus, Type 1
- Diabetes Mellitus, Type 2
- Fasting Glucose > 99 mg/dL
- Oral medication for Diabetes
- Insulin use
- Eye / Kidney problems
- High Cholesterol or Lipids
- Gout / High Uric Acid levels
- Thyroid

PULMONARY

- Oxygen use at home
- Pulmonary Hypertension
- Asthma
- Inhaler use due to Asthma

GASTROINTESTINAL

- Heartburn / Reflux / GERD
- Heartburn medication use
- Past anti-reflux surgery
- Barrett's Esophagus
- Crohn's Disease or Colitis
- Gallstones
- Gallbladder removal
- Abnormal liver tests

MUSCULOSKELETAL

- Back Pain
- Back Pain requiring medication
- Hip / Knee / Ankle pain
- Joint pain requiring medication
- Fibromyalgia
- Joint replacement
- Back surgery

REPRODUCTIVE (female)

- Polycystic Ovarian Syndrome
- Infertility
- Menstrual irregularities
- Hysterectomy

GENERAL

- Stress urinary incontinence
- Sanitary pad use for leakage
- Pseudo tumor Cerebral
- Abdominal hernia
- Hernia repair
- Cane / Walker use
- Sores / rash in skin folds
- Previous weight loss surgery
- MRSA
- VRE
- Lupus / Autoimmune disease

PSYCHOLOGICAL

- Anxiety Depression Bipolar disease Thoughts of suicide Suicide attempts
- Psychiatric treatment Psychological counseling Hospitalized for psychological issue(s)

Past Surgical History

Please list any operations and dates of each.

SURGERY	METHOD -done laparoscopically?	DATE	PHYSICIAN / LOCATION

Family Medical History Assessment

Please mark any condition(s) that have been diagnosed in biological relation(s) such as parents, grandparents, siblings. Please check all that apply:

- High Blood Pressure Stroke Heart Disease / Heart Attack
- Obesity
- Bleeding Disorder Cancer Clotting Disorder
- Diabetes

Sleep Testing Assessment

Testing for Sleep Apnea may be required to obtain clearance for bariatric surgery. Please be sure to **FULLY COMPLETE** each question in this section. Answers should be **accurate**, as inaccurate or incomplete answers may delay our ability to process &/or obtain insurance authorization.

* Have you had a previous sleep study? Yes No

If yes, approximately when & where:

* Have you had a prior diagnosis of Sleep Apnea? Yes No

* Do you currently use PAP therapy? Yes No

If yes: CPAP BiPAP AutoPAP Other: _____ Pressure: __
cm H2O

* Who is your current Sleep Medicine _____
Physician?

* Who provider your PAP therapy and supplies?

Physical Exercise Assessment

Do you have any physical limitation(s) that make physical exercise difficult or impossible?
Yes No Sometimes

If yes, please explain:

Do you have difficulty with basic mobility or self-care? Yes No

Do you use assistive devices to transport? Yes No

Devices currently used (check all that apply): Cane / Walker Wheelchair / Scooter Crutches /
Brace Prosthetic Device Oxygen

History of falls within last 12 months: Yes No How did it happen?

Social Assessment

Do you use tobacco products / nicotine?

No, never smoked No, I quit. Quit date: _____

Yes

If Yes, type: Cigarettes / _____ packs per day Chewing tobacco Smokeless such as
vaping

Frequency: Rare, 1-2 times / month Occasionally, 3 or less / week Frequently, 4+ /
week or daily

Do you drink alcohol? No Yes

If yes, type _____

Frequency: Rare, 1-2 times / month Occasionally, 3 or less / week Frequently, 4+ / week or daily

Do you use recreational drugs/medications/other substances?

No, never used

No, I quit. Quit date: _____ Type: _____

Yes

Type: _____

Frequency: Rare, 1-2 times / month Occasionally, 3 or less / week Frequently, 4+ / week or daily

Diet History

Please include all weight loss efforts attempted, including but not limited to the following: Doctor Supervised, commercial programs, prescription diet pills, behavior modification, unsupervised diets and over-the-counter diet aids.

DIET	MONTH/YEAR	DURATION	TOTAL WEIGHT LOSS